



Jan Mixon, Owner, BSN, RN

Jan Mixon is a nurse who specializes in bio-identical hormone replacement therapy. She and her husband Bill Mixon, a pharmacist of 30 years, have operated The Compounding Pharmacy for over 9 years. She offers consultation services on the use of bio-identical hormones, by referral from health care providers, and encourages women to become very active members of their own health care team. Her interest in the use of bio-identical hormones (hormones identical to the ones our own body makes) started over 15 years ago with her own quest for hormone balance.

Jan's received her BS in Agriculture from the University of GA in 1977 followed by her BS in nursing from the Medical College of Georgia in 1979. Then she began her career in emergency medicine as a trauma nurse for 18 years. Then she worked as an otolaryngology clinical nursing specialist at the University of Iowa Clinics doing investigational drug studies with children. Upon returning to North Carolina she held numerous positions from supervising home IV infusion, working with out patient chemotherapy patients, supervising a neurology clinic, and emergency medicine.